

## Food Preservation Resources

<b>University of Minnesota Extension:</b> Provides links to current research-based publications and information.	Website	<a href="http://www.extension.umn.edu/foodsafety/components/foodpreservation.htm">www.extension.umn.edu/foodsafety/components/foodpreservation.htm</a>
	Online	Mini Modules (complete in 5 minutes) Articles and Frequently Asked Questions Links to credible research-based websites
<b>AnswerLine:</b> Provides answers to your questions. Provides research-based information through University of Minnesota Extension and Iowa State University Extension.	Call Toll-Free	Only available in Iowa, Minnesota and South Dakota Monday-Friday: 9 AM-12PM and 1-4 PM 1-800-854-1678 (Calling from Minnesota) 1-800-262-3804 (Calling from Iowa) 1-888-393-6336 (Calling from South Dakota)
	E-mail	<a href="mailto:answer@iastate.edu">answer@iastate.edu</a>
	Website	<a href="http://www.extension.iastate.edu/answerline/">http://www.extension.iastate.edu/answerline/</a> (click on: Food Preservation)
<b>National Center for Home Food Preservation:</b> Provides a wealth of current research-based recommendations on all methods of food preservation. Provides on-going research for USDA.	Website	<a href="http://www.uga.edu/nchfp/">http://www.uga.edu/nchfp/</a>
	Order Food Preservation Book & DVD	<i>So Easy to Preserve</i> , 6 <sup>th</sup> Edition – 2014. \$20 <i>So Easy to Preserve DVD</i> – 2011. \$39.95 <a href="http://www.uga.edu/setp/">http://www.uga.edu/setp/</a>
	Available in Downloadable or Print Format	<i>USDA Complete Guide to Home Canning</i> , 2015 revision – view, download, print or purchase a printed copy for \$19. <a href="http://www.uga.edu/nchfp/publications/publications_usda.html">http://www.uga.edu/nchfp/publications/publications_usda.html</a>
	Online	Free online courses for adults and youth
<b>Ball Blue Book Guide to Preserving:</b> Provides easy-to-follow canning instructions, instructional graphics, helpful hints, weight and measure equivalents, problem guide, and photographs.	Website	<a href="http://www.freshpreserving.com/">http://www.freshpreserving.com/</a>
	Order Guide to Preserving Book	<i>Guide to Preserving</i> , 37 <sup>th</sup> Edition, 2014. \$11.95. 200 pages (including 500 recipes for canning, pickling, dehydrating and freezing)
	Call	1-563-535-8004
<b>Pressure Canner Dial Gauge Testing:</b> Dial gauges should be checked every year to ensure they are reading correctly (weighted gauge canners do not have to be checked). Presto Industries offers a free testing.	Send Dial Gauges	National Presto Industries, Inc. 3925 North Hastings Way Eau Claire, Wisconsin 54703-3703 <i>NOTE:</i> Carefully remove dial gauge from canner and package in foam or newspaper to avoid shipping damage. You will need to pay postage.
	E-mail	<a href="mailto:contact@gopresto.com">contact@gopresto.com</a>
	Website	<a href="https://www.gopresto.com/recipes/canning/recipeindex.php">https://www.gopresto.com/recipes/canning/recipeindex.php</a>
	Call Toll-Free	1-800-877-0441 – Consumer Service Department 1-800-368-2194 – Test Kitchen
	More Details	<a href="http://www.extension.umn.edu/food/food-safety/preserving/canning/testing-dial-pressure-canner-gauges">http://www.extension.umn.edu/food/food-safety/preserving/canning/testing-dial-pressure-canner-gauges</a>

Revised February 2018